

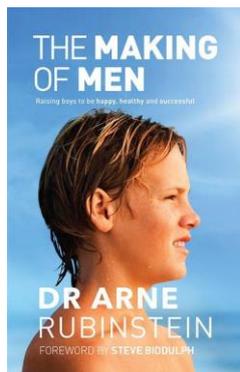
Young people today enter puberty earlier than ever before and leave home later. The good news is that teenagers aren't impossible to live with, especially if parents adopt the common-sense strategies set out in this book.

Dr Michael Carr-Gregg is one of Australia's leading authorities on teenage behaviour. *Surviving Adolescents* is a clear and very down-to-earth manual, drawing on his wealth of experience and wisdom. It has advice on all the thorny issues that confront families with teenagers - sexuality, risky behaviours, laziness, school and study problems, and much more. And it is

full of practical tips for everyday survival, including:

- communicating effectively with young people
- defusing family conflict
- setting limits
- keeping the stress of parenting at bay
- avoiding common mistakes like fighting over things that don't matter

Surviving Adolescents is the sensible, sanity-saving guide every household needs.



Do you ever worry about your teenage son and what will become of him?

Do you want to see him happy, successful and excited about life?

Are you alarmed about the influence of technology on his life?

Do you wonder how the enthusiastic and energetic kid who made you laugh, drove you nuts with questions and was into everything, seemingly overnight turned into a grunting teenager, unwilling or unable to communicate? If these questions concern you, or if you've answered yes to any of them, this book is for you.

Father of two boys Dr Arne Rubinstein draws on his thirty years' experience working with teenagers. He reveals what happens to boys during adolescence, what you can do about it as a parent or carer, how you help them stay out of trouble, and what you need to do to ensure they grow up to be a happy, healthy and well-adjusted men.

Packed with insights, practical tips and honest, no-nonsense wisdom.

About the Author

Dr. Arne Rubinstein is an expert on adolescent development and Rites of Passage who delivers highly valuable and inspiring presentations about the transition from 'boy to young man'. In doing so he has helped thousands of fathers and sons to forge strong and healthy relationships for life. Dr. Rubinstein was the CEO and co-founder of the Pathways Foundation, a unique organization that creates contemporary Rites of Passage for adolescent boys and girls now running in 8 locations nationally.

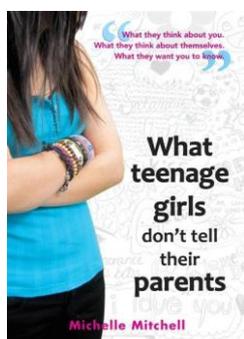
PARENTING
FOR A
PEACEFUL WORLD
Second Edition



Robin Grille

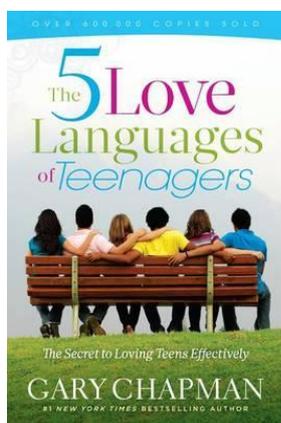
Imagine a world where war, tyranny, human rights abuses and ecological destruction are relics of the past. What if the means to create such a reality were in the hands of mothers and fathers, and all those involved in the care and education of children? Parenting for a Peaceful World is a fascinating look at how parenting customs have shaped societies and major world events. It reveals how children adapt to different parenting styles and how these early experiences underpin the adults they become. In this expansive book, Robin Grille draws on revolutionary new research to argue that the safeguarding of children's emotional development is the key to creating a more peaceful and harmonious world. Parenting for a Peaceful World is a book for parents, child health professionals, and adults learning to be whole again. It is a manifesto for policy-makers and a resource for teachers. If the

findings outlined in these pages are put into practice, the result may be a revolution of peace, humanity, and a world beyond our imagining.



As a parent you know that your child is not just another teenager, struggling to grow up. She is your daughter. That in itself makes her the most unique and important teenager in the world. But when your sweet little girl suddenly stops talking, won't do anything you tell her to do, and starts dressing like she stepped out of a celebrity magazine, you start wondering what went wrong. -

See more at: <http://michellemitchell.org/product/what-teenage-girls-dont-tell-their-parents/#sthash.PRmIldfD.dpuf>



Socially, mentally, and spiritually, teenagers face a variety of pressures and stresses each day. Despite these peer pressures; it is still parents who can influence teens the most. Get equipped to be a better parent as The Five Love Languages of Teenagers explores the world in which teenagers live, explains the developmental changes, and give tools to help you identify and appropriately communicate in your teen's love language. Get practical tips on loving your teen effectively and explore key issues in your teen's life including anger and independence.

Finally, learn how to set boundaries that are enforced with discipline and consequences, and discover useful ways for the difficult task of loving when your teen fails. Get ready to discover how the principles of the five love languages can really work in the lives of your teens and family. Over

400,000 copies sold!

About the Author

Gary Chapman, Phd, is the author of the #1 New York Times bestselling The 5 Love Languages. With over 30 years of counseling experience, he has the uncanny ability to hold a mirror up to human behavior, showing readers not just where they go wrong, but also how to grow and move forward. Dr. Chapman holds BA and MA degrees in anthropology from Wheaton College and Wake Forest University, respectively, MRE and PhD degrees from Southwestern Baptist Theological Seminary, and has completed postgraduate work at the University of North Carolina and Duke University.