



COOMERA
ANGLICAN
COLLEGE

24 February 2020

Dear Parents/Guardians

BRAVEHEARTS: DITTO'S KEEP SAFE ADVENTURE SHOW

Bravehearts is an organisation whose purpose is to be actively involved in education, prevention, early intervention and research programs relating to child safety.

On **Thursday 12 March at 11.15am**, Bravehearts will be coming to Coomera Anglican College to present an educational stage show for our Years 1 and 2 students in the Ivan Gibbs Centre. Keeping children safe is one of the most important things we do as parents, educators or other caring adults. To do this, we must equip them with the knowledge and skills they need to avoid risky situations, and to give them an understanding of their rights to protect their own body. The Bravehearts presentation is entitled, Ditto's Keep Safe Adventure. It is an educational, fun, safe and non-confronting interactive show that helps to empower children to recognise early warning signs, stay safe and speak out in potentially unsafe situations.

The show is underpinned by the following six principles of personal safety:

- Differentiating 'yes' and 'no' feelings
- Recognising the body's warning signs
- Identifying 'private parts' and 'privacy'
- Helping children identify language and feelings associated with secrets
- Reinforcing there is no secret that children cannot tell someone
- What to do if you feel unsafe or unsure

As the topic of Child Protection can be potentially confronting for some students, please be reassured that your children's teachers will be present at the show as well as the Psychologist/Primary Counsellor and Student Protection Officer, Mrs Kerry Lowe, to offer support should the need arise. It is essential that our children learn the skills to effectively manage and/or prevent potentially harmful situations and learning these skills in a fun, developmentally appropriate manner is of paramount importance. Parents are welcome to attend.

If you have any queries about the presentation please do not hesitate to contact me on 55859950 or klowe@cac.qld.edu.au.

Yours sincerely

Kerry Lowe (MSocScPsych)

PSYCHOLOGIST/PRIMARY COUNSELLOR, PRIMARY STUDENT PROTECTION OFFICER