



24 January 2020

Dear Parents/Guardians

YEAR 1 - YEAR 6 SWIMMING PROGRAMME - 2020

As part of the Health and Physical Education Programme, all students in Years 1-6 will be participating in a swimming programme during Term One and Term Four. All lessons will be conducted at Coomera Anglican College, and will focus on racing, stroke correction, water safety and lifesaving.

Please read the details of the programme, and complete the medical form attached if required and return to your child's class teacher by **the first swimming lesson**. All lessons begin in **WEEK 3 and end at the end of WEEK 9**.

SWIMMING DAYS AND TIMES

Term One programme commencing in WEEK 3, Monday 10 February and concluding at the end of WEEK 9, Friday 27 March.

Monday	Tuesday	Wednesday	Thursday	Friday
5E	6N		1B	2B
5J			1H	2D
5P	Year 4 and 5		1M	2P
	ADP students		1R	2W
Year 6 ADP	will be required		3D	3H
students will be	to bring togs,		3M	3P
required to	rashie and PE			4B
bring togs,	uniform on this			4F
rashie and PE	day from Week			4H
uniform on this	3.			4P
day from Week				5B
3.				6C
				6D
				6R

Prep-Year 3 Swimming Carnival: Tuesday 24 November

Year 4-6 Swimming Carnival: Thursday 6 February

APS Swimming Carnival: Thursday 20 February, Somerset Pool

UNIFORM

Students are required to swim in the College togs and sun shirt. Students in Years 4, 5 and 6 will be accompanied by their class teacher to change into their swimmers at the Sport Centre change rooms. Following their lesson, students will change back into their College uniform in the Sports Centre change rooms. Years 1 to 3 will change at their classrooms.

As Coomera Anglican College has a chlorinated pool it is strongly recommended that you supply your child with goggles. All students are required to wear the College swimmers, College UV swim shirt and House swimming cap.

NON-PARTICIPATION

The swimming programme is a compulsory component of the Health and Physical Education programme at the College, and as such, all students are expected to participate. If a student is unable to swim during one week, parents should write a note explaining their child's non-participation. If a student is unable to participate for the entire programme, then a medical certificate will be required. Non-participants are still required to attend the swimming lessons with their class.

If you have any questions or queries in relation to the swimming programme, please feel free to contact me at the College.

MEDICAL FORM

Only fill out the attached medical form **if your child has a medical condition**. Please return it to your class teacher prior to your child's first swimming lesson.

Yours sincerely



Ms Rebecca McLauchlan
PRIMARY SPORTS COORDINATOR/HPE SPECIALIST



MEDICAL INFORMATION – YEARS 1-6 SWIMMING PROGRAMME 2020

Name: _____ Class: _____

Student Information

Does your child suffer from any medical condition?

Yes No

If yes, please specify:

Parent/Guardian Name

Parent/Guardian Signature

Please return this medical information slip to your child's class teacher prior to their first swimming lesson.