

11 June 2019

Dear Parent/Guardian

Year 9 Water Polo Programme – Term 3

As part of their Core Physical Education Aquatics Programme all Year 9 students will be completing a Water Polo unit next term at the Coomera Anglican College Swimming Pool. Once you have read the details of the programme, please complete and sign the Mouth Guard Consent form attached and return it to the Junior Secondary Administration by **Friday 21 June**

Swimming Days and Times

Year 9A	Day and Dates	Time
9A (CKC)	Tuesday – 23, 30 July and 6, 13, 20, 27 August	Period 1 – 8.45am – 9.35am
9A (CKC)	Thursday – 18, 25 July and 1, 8, 15, 22, 29 August	Period 2 – 9.35am – 10.25am

Year 9B	Day and Dates	Time
9B (SET)	Tuesday – 23, 30 July and 6, 13, 20, 27 August	Period 1 – 8.45am – 9.35am
9B (SET)	Friday – 19, 26 July and 2, 9, 16, 23, 30 August	Period 1 – 8.45am – 9.35am

Year 9C	Day and Dates	Time
9C(SET)	Monday – 22, 29 July and 5, 12, 19, 26 August	Period 2 – 9.35am -10.25am
9C (SET)	Thursday – 18, 25 July and 1, 8, 15, 22, 29 August	Period 1 – 8.45am – 9.35am

Year 9D	Day and Dates	Time
9D (EMC)	Monday – 22, 29 July and 5, 12, 19, 26 August	Period 2 – 9.35am -10.25am
9D (EMC)	Thursday – 18, 25 July and 1, 8, 15, 22, 29 August	Period 3 – 10.50am – 11.40am

Uniform

Students will be required to change in the Rod Lane Centre change rooms adjacent to the pool. Students are **not** permitted to wear the tason sports shorts over the top of their normal swimmers. However, the Year 9 Girls may wear Navy Blue bike pants over their normal swimmers. The College swimmers can be ordered and purchased from the uniform shop. Students should bring along a plastic bag to carry their wet clothing and towel. Students may also purchase a College UV protection shirt from the uniform shop, however, this is **not** a compulsory item for this year level.

It is strongly recommended that students apply SPF 30+ sunscreen before this activity. Sunscreen will also be provided by your child's HPE teacher.

Mouthguard

The Department of Education Curriculum Activity Risk Assessment (CARA) guidelines mandate that mouthguards are compulsory for students wishing to participate in Water Polo. In order to participate and be assessed in this activity, it is essential that your child attends with and wears their mouthguard where required during this unit. Please see attached for further information regarding this matter.

Non-Participation

The Water Polo programme is a compulsory component of the Health and Physical Education programme at the College, and as such, all students are required to participate. If a student is unable to swim during one week, it is expected parents should write a note explaining their child's non-participation. If a student is unable to participate in the entire programme, then a medical certificate is required. Students who miss one lesson without a valid excuse will have a lunchtime detention whilst subsequent non-participation will result in an after school detention. Non-participants are still required to attend the swimming lessons with their class.

If you have any questions or queries about the Water Polo programme, please feel free to contact me at the College.

Yours sincerely

A handwritten signature in black ink, appearing to read 'Craig Crossley', with a stylized flourish at the end.

Mr Craig Crossley
HEAD OF HEALTH AND PHYSICAL EDUCATION

MOUTHGUARD CONSENT FORM

The Department of Education Curriculum Activity Risk Assessment (CARA) guidelines mandate that **mouthguards are compulsory** for students wishing to participate in the Water Polo. The Department of Education strongly recommends that students wear custom-fitted mouthguards. Parents / Carers are requested to refer to the Australian Dental Association website below in order to make an informed choice about the different types of available mouthguards. <https://www.ada.org.au/Your-Dental-Health/Teens-12-17/Mouthguards>

If a student is unable to wear a mouthguard for medical reasons, then a signed medical clearance certificate is required prior to participating in the representative event. Please complete the parent / carer consent permission section below and return this form to the Junior Secondary Administration Office by Friday 21 June. Failure to comply with this permission process will mean that the student will be unable to participate in this sport.

Student Details

Student's Name	
Date of Birth	
School	Coomera Anglican College
Sport	Water Polo

Parent / Carer Consent and Medical Declaration

I, _____ (name of parent) understand that mouth protection is mandatory in this sport. I have read the information provided to me about mouth protection and accept responsibility for the type of mouth protection my child will wear whilst playing this sport.

I confirm that the above mentioned student:

Please tick one of the boxes below

- has **NO** identified medical condition/s that may impact on their safety by wearing a mouthguard during participation in this sport.

OR

- has an identified medical condition/s that may impact on their safety during participation in this sport and therefore **cannot wear a mouthguard**. The required medical clearance certificate is attached.

Signature of Parent: _____ Date: _____

I understand that this information will be used in relation to the provision of health services to students and for educational and administrative purposes only. The information will not otherwise be used or disclosed unless it is required by law, or we have obtained specific consent.

Parent Signature: _____ Date : _____