



30 January 2019

Dear Parents/Guardians

### 2019 YEARS 1 - 6 SWIMMING PROGRAMME

As part of the Health and Physical Education Programme, all students in Years 1-6 will be participating in a swimming programme during Term One and Term Four. All lessons will be conducted at Coomera Anglican College and will focus on racing, stroke correction, water safety and lifesaving.

Please read the details of the programme, complete the permission and information slip attached and return to your child's class teacher by **the first swimming lesson**. All lessons begin in **Week 3 and finish at the end of Week 9**.

#### SWIMMING DAYS AND TIMES

*The Term One programme will commence in Week 3, Monday 11 February and conclude at the end of Week 9, Friday 29 March.*

Monday	Tuesday	Wednesday	Thursday	Friday
4B 4P	ADP students will be required to bring togs, swim shirt and PE uniform on this day from Week 3.	1K 2B 3P 3H 3T 4F 4S 6C 6R		1J 1R 1B 2D 2W 2P 3B 5E 5P 5D 5H 6N 6D

**Prep-Year 3 Swimming Carnival: Tuesday 26 November**

**Years 4-6 Swimming Carnival: Thursday 7 February**

**APS Swimming Carnival: Thursday 21 February, Somerset Pool, 9.00am-3.30pm**

## UNIFORM

All students are required to swim in the **College togs, College UV swim shirt, and House swimming cap.** *As Coomera Anglican College has a chlorinated pool it is strongly recommended that you supply your child with goggles.*

Students in Years 4, 5 and 6 will be accompanied by their class teacher to change into their swimmers at the Sport Centre change rooms. Following their lesson, students will change back into their College uniform in the Sports Centre change rooms. Years 1-3 students will change at their classrooms.

## NON-PARTICIPATION

The swimming programme is a compulsory component of the Health and Physical Education programme at the College, and as such, all students are expected to participate. If a student is unable to swim during one week, parents should write a note explaining their child's non-participation. If a student is unable to participate for the entire programme, then a medical certificate will be required. Non-participants are still required to attend the swimming lessons with their class.

If you have any questions or queries in relation to the swimming programme, please feel free to contact me at the College.

## MEDICAL FORM

Only fill out the attached medical form **if your child has a medical condition.** Please return the form to your class teachers prior to your child's first swimming lesson.

Yours sincerely



Ms Rebecca McLauchlan  
**PRIMARY SPORTS COORDINATOR/HPE SPECIALIST**

**MEDICAL INFORMATION – 2019 YEARS 1-6 SWIMMING PROGRAMME**

Name: \_\_\_\_\_ Class: \_\_\_\_\_

**STUDENT INFORMATION**

Does your child suffer from any medical condition?

Yes       No

If yes, please specify:

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\_\_\_\_\_  
**Parent/Guardian Name**

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**Parent/Guardian Signature**

**\*\*Please return this medical information slip to your child's class teacher prior to the first swimming lesson.**