



19 January 2018

Dear Parents/Guardians

2018 YEAR 1 -YEAR 6 SWIMMING PROGRAMME

As part of the Health and Physical Education Programme, all students in Years 1-6 will be participating in a swimming programme during Term One and Term Four. All lessons will be conducted at Coomera Anglican College, and will focus on racing, stroke correction, water safety and lifesaving.

Please read the details of the programme, complete the medical information slip attached and return to your child's class teacher by **their first swimming lesson**. **All lessons begin in WEEK 3 and conclude at the end of WEEK 8.**

SWIMMING DAYS AND TIMES

Term One programme commencing in Week 3, Monday 5 February and conclude at the end of Week 8, Friday 16 March:

Monday	Tuesday	Wednesday	Thursday	Friday
	1F, 3B, 3F, 3C, 4B, 4F, 4P	2B, 2J, 2H, 2P, 3P, 4S, 5E, 5H, 6D, 6N		1B, 1J, 1R, 5D, 5P, 6C, 6R,

Preparatory – Year 3 Swimming Carnival: Tuesday 20 November.

Years 4-6 Swimming Carnival: Thursday 1 February.

APS Swimming Carnival: Thursday 15 February, Somerset Pool, 9.00am-3.30pm.

UNIFORM

Students are required to swim in the College togs and sun shirt. Students in Years 4, 5 and 6 will be accompanied by their class teacher to change into their swimmers at the Sport Centre change rooms. Following their lesson, students will change back into their College uniform in the Sports Centre change rooms. Preparatory-Year 3 students will change at their classrooms.

As Coomera Anglican College has a chlorinated pool it is strongly recommended that you supply your child with goggles. All students are required to wear the College swimmers, College UV swim shirt and House swimming cap.

NON-PARTICIPATION

The swimming programme is a compulsory component of the Health and Physical Education programme at the College, and as such, all students are expected to participate. If a student is unable to swim during one week, parents should write a note explaining their child's non-participation. If a student is unable to participate for the entire programme, then a medical certificate will be required. Non-participants are still required to attend the swimming lessons with their class.

If you have any questions or queries in relation to the swimming programme, please feel free to contact me at the College.

MEDICAL FORM

Only fill out the attached medical form **if your child has a medical condition**. Please return the form to your class teachers prior to your child's first swimming lesson.

Yours sincerely



Ms Rebecca McLauchlan
PRIMARY SPORTS COORDINATOR/HPE SPECIALIST

MEDICAL INFORMATION – YEARS 1-6 SWIMMING PROGRAMME 2018

Name: _____ Class: _____

Student Information

Does your child suffer from any medical condition?

Yes No

If yes, please specify:

Parent/Guardian Name

Parent/Guardian Signature

Please return this medical information slip to your child's class teacher prior to their first swimming lesson.