

Newsletter Monday 27 November 2017

School Holiday Programs

- Cairns Art Gallery School Holiday Workshops
- Cairns Young Company Theatre School Holiday Program
- Townsville Coding December Holiday Programs
- La Luna Youth Arts School Holiday Programs – Townsville
- Australian Acting Academy Summer Acting Camp
- Active Holidays – Moreton Bay

Open Days & Info Sessions

- Gear Up Rockhampton Job Readiness Expo
- Camp America Info Session
- Endeavour College of Natural Health Open Day

VET, Apprenticeships & Traineeships

- City Beach School Based Traineeship Program

Scholarships

- RedArts Young and Emerging Artists Grant

Resources, Guides & Other News

- Tips to increase your confidence before going to uni
- Townsville Youth Council
- Care careers quiz
- Getting a job with no experience
- Handling conflict in the workplace
- Subject selection
- Tech jobs that don't involve coding
- The tech industry is broader than you might think, and only getting bigger.
- Youth Central Gap Year Advice

[Find out what's coming soon](#)

Extra-Curriculars In Your Everyday Life

Extra-curriculars aren't just for school kids – find out how life post-school can include lots of the things you love

[CLICK HERE TO READ THE FULL ARTICLE](#)

School Holiday Programs

Cairns Art Gallery School Holiday Workshops

Class for ages up to 16 years old

Find them all here - <https://us12.campaign-archive.com/?u=dcbc6926cb9b93fa0ce1b8fa3&id=e187314840>

Cairns Young Company Theatre School Holiday Program

Acting and theatre courses for 13-17 year olds

<https://www.theyoungcompany.com.au/summer.html>

<https://www.theyoungcompany.com.au/acting-prog-13yrs.html>

Townsville Coding December Holiday Programs

11-14 December

This summer holiday, Junior Engineers is offering your kids more. New programs, new technology and new opportunities to have fun with coding and robotics.

<https://www.jnengineers.com/copy-of-school-holiday-program-qld>

La Luna Youth Arts School Holiday Programs – Townsville

Classes for 12 years + including tumbling, acting, dancing, painting and resume writing.

<http://www.lalunanq.com/Program/Dec%20&%20Jan%20Holiday%20Program.pdf>

Australian Acting Academy Summer Acting Camp

Monday 15 January 9am to Thursday 18 January 5pm 2018

The ultimate 4 days for teenagers these school holidays. Jam-packed with the latest techniques, skill building and of course FUN.

<https://www.actingacademy.com.au/workshops-teens/>

Active Holidays – Moreton Bay

Active Holidays will get the kids moving during the school holidays with a range of sport and recreation activities for children and young people aged 3 - 17 years. Activities include drumming, parkour and high ropes.

<https://www.moretonbay.qld.gov.au/shaft/>

Open Days & Info Sessions

Gear Up Rockhampton Job Readiness Expo

Wednesday 29 November from 2pm to 8pm at the Robert Schwarten Pavilion, Rockhampton Showgrounds
Come along to find out about taking advantage of upcoming job opportunities in the Rockhampton Region from a wide range of employers across different industries.

The Expo will help you understand what industries are expanding or coming to Rockhampton in the near future and the types of roles and skills that are required to fulfil these new positions.

FREE Entry

RSVP on Facebook - <https://www.facebook.com/events/136160503709071/>

Find out more - <https://www.rockhamptonregion.qld.gov.au/ForBusiness/Gear-Up-Rocky/Gear-Up-Rocky-Job-Readiness-Expo>

Camp America Info Session

[Online Camp America Info Session](#)

29 November 6pm

[Camp America Info Session - Brisbane](#)

6 December 6.30pm

Whether you have been placed, started an application, are just thinking about the program, or have no idea what Camp America is, our info sessions are perfect for you! Get your free ticket today.

Find out more and get your ticket - <https://campamerica.com.au/events/camp-america-info-session-brisbane-1/>

Endeavour College of Natural Health Open Day

Sat 20 January, 10am

Register for the event – <https://www.endeavour.edu.au/events>

VET, Apprenticeships & Traineeships

City Beach School Based Traineeship Program

Complete a Nationally Recognised Qualification in 2018. You must be in Year 10 or 11 next year, and able to work one school day per week.

Opportunities are advertised early next year, but fill quickly, so register your interest by emailing hradmin@citybeach.com.au with your name, phone number, email address, school details and store preferences.

Find out more and check back for opportunities - <https://www.citybeach.com.au/careers/>

Scholarships

RedArts Young and Emerging Artists Grant

The Young and Emerging Artists Grant is an annual award that aims to assist artists in the professional development of their skills, knowledge and experience in their chosen art field. Funding of up to \$1,000 is available.

The applicant age must be between 15 – 25 years old on the 30th October 2017, and the applicant must reside in the Redlands.

Applications Close 30 November

Find out more - <https://www.facebook.com/redlandartgallery/posts/1860581120638344> and <http://redarts.org.au/young-emerging-artist-grant/>

Resources, Guides & Other News

Tips to increase your confidence before going to uni

Read the article – <https://www.cambridgeimmerse.com/pre-university-confidence-boosters/>

Townsville Youth Council

If you live in Townsville, are between the ages of 12 to 25 years old, passionate about improving the quality of youth life in Townsville, can attend fortnightly Tuesday meetings from 5pm to 7pm and enjoy engaging with and sharing great ideas with other like-minded young people, then you are a sure candidate for membership in the Youth Council.

[Download a copy of the Townsville Youth Council Terms of Reference \(PDF\)](#)

For your membership application, contact the Community Development Officer on 1300 878 001 or [email us cbdsu@townsville.qld.gov.au](mailto:cbdsu@townsville.qld.gov.au)

Find out more - <https://www.townsville.qld.gov.au/community-support/services-and-community-development/young-people>

Care careers quiz

If you're interested in working in the care sector but don't know what you want to do, take this quiz to narrow down your options.

<https://www.carecareers.com.au/page/career-quiz?>

Getting a job with no experience

This article gives great tips on how you can apply for jobs when you don't have any experience.

Read the article – <https://www.fastcompany.com/3046146/how-can-i-get-a-good-job-with-no-experience>

Handling conflict in the workplace

This article from Migas has some tips on positively handling conflict with your colleagues.

See the tips – <https://www.migas.com.au/news/how-to-handle-conflict-in-the-workplace/>

Subject selection

If you're still feeling the pressure of which subjects to choose for Years 11 and 12, here are some articles that might help:

<https://www.careerfaqs.com.au/news/news-and-views/navigating-subject-selection-in-year-10>

<https://www.studentbox.com.au/discussion/346/choosing-upper-school-subjects-5-tips-for-year-10s>

<https://www.matrix.edu.au/subject-selection-guide-for-year-10-students/>

<https://learnmate.com.au/choose-subjects/>

Tech jobs that don't involve coding

The tech industry is broader than you might think, and only getting bigger.

Read about it – <https://careerswithstem.com/tech-job-guide/>

Youth Central Gap Year Advice

This page from Youth Central provides you with a number of options if you're considering a gap year. Make sure you do some research before you decide that a gap year is the right option for you.

Read more – <http://www.youthcentral.vic.gov.au/studying-training/changing-your-mind/taking-a-gap-year>

Extra-Curriculars In Your Everyday Life

When you're at school, you have plenty of opportunities to be involved in things that aren't just school work.

You can play music or sport, work at a part-time job, get involved in the school production, volunteer, and plenty of other things besides.

Once you leave school, though, it can be trickier to get involved in things outside of your study or work commitments. You might find that with less time and less external pressure (hey mum!) to get out there and do stuff, you just don't do it.

However, doing things outside of work and study is really great, for a number of reasons: you can meet new people, get healthy, try out a new experience or skill, potentially discover a new passion, be involved in your community, and maybe add a couple of things to your resume while you're at it.

[Here are some ideas for extra-curriculars you can get involved in once you leave school:](#)

Do work experience or an internship

This is a great way to discover whether that career path you're on is really something you want to stick at, or potentially find the specific field that excites you within a particular industry.

Getting experience in an industry or company where you want to work in the future is the best way to make connections (networking!) and build your resume. When the things you're doing in an internship link back to what you're studying, it'll also help you stay on track and focused at uni.

Do be careful if you're working for free – make sure you put yourself and your paid work first. You can find out more about rules for work experience and internships [here](#).

Join a sports team or dance class

Exercise and team-sport activities are a great way to meet new people and stay fit while you're at it. Depending on what you do (and how good you are!) you might get the chance to go on camps or travel to something like Uni Games.

Volunteer

There are so many causes in your local community that want your time. This might be tutoring disadvantaged kids, working in the office of an international organisation, sorting and selling clothes in an op shop, or helping at a soup kitchen.

Find something you feel passionate about and give your time to make a difference. It could be a nifty idea to find a way to volunteer in an organisation that relates to your future career aspirations – this kills two 'resume' birds with one stone.

Write something

If you write, there are heaps of places online and in print that are looking for your work. You might even get paid. You could also attempt to create your own online presence with a blog or social media account. Having your work out there (as long as you're proud of it) is a good way to show people what you can do.

Get involved in politics

Student politics on university campuses is a great way to meet people and make a difference to the university community (just beware – it can get kind of intense!) If you want to get involved in politics in the future, student politics is a good place to start. You could also volunteer for a political party if you feel passionate about a cause they stand for.

Join a student club

If you're on a university or TAFE campus, there will be student clubs you can get involved with based on a variety of interests. This might be the student union, a language or culture club, a faculty club, a sporting club, or something that brings people together in other ways, like a movie or food club.

If you end up on the committee of one of these clubs, there is great leadership opportunity (and resume fodder).

Do something creative

You might make art, love gardening or have a crafty skill. This is a great thing to do for yourself, but you also might be able to share it with other people – as a gift or by building a social media presence. Depending on what your creative thing is, you could also sell it online or at a market.

Life is about more than just work and study...

The things you enjoy doing right now are setting you up for a great future, just keep everything in perspective as you grow and move through your life so you can keep doing the things you love.

By **Chris Ebbs**, one of the *MHSCareers* star Research Team Members

Coming Soon

Find every upcoming event at the [MHSCareers Calendar](#)

Tuesday 28 November

CQUniversity Online Chat Session (Facebook)

Wednesday 29 November

Application Closing Date for The ConocoPhillips Science Experience
Young Driver's Seminar

Thursday 30 November

Various TAFE Queensland North Info Sessions

Friday 1 December

Bright Awards Entries Close

Robertson Scholars Leadership Program – Applications Close

Somerset Celebration of Literature: Youth Writing Prizes closing date

Saturday 2 December

Queensland School of Film and Television Workshops

Inspire Youth Forum

AIE Online Experience Day

Monday 3 December

CAASTRO Galaxy Convention – Women in STEM and Entrepreneurship

We always love finding out about careers news, so if you know of any info about news or events which could go into our Newsletters, please email lucy@mhscareers.com

MHSCAREERS

PO Box 109, Redlynch, QLD 4870

Phone: 0432 860 108

Email: lucy@mhscareers.com

Find us online - www.mhscareers.com

Copyright © 2017, Ron Sylvester. All rights reserved.